



February 2024

PROGRAM BROCHURE

Program Overview

Welcome to the Nutrition Ink Dietetic Internship Program

The Nutrition Ink Dietetic Internship Program is a 1000-hour internship with a program-specific concentration in MNT for Nutrition Support. As dietetic interns, you will be required to secure your own preceptors and practice sites, in addition to completing assigned projects. The Nutrition Ink Dietetic Internship Program accepts thirty (35) interns each year. Recognizing that individuals have different interests and priorities, Nutrition Ink Dietetic Internship Program offers an Elective rotation in a specialty area of your choice, and a Research Project which may be done in any of your clinical rotations. As an intern, you will be expected to learn from, interact with, and counsel a diverse population across the entire human lifespan, for a variety of medical conditions, and in a variety of settings. Interns may receive credit for previous work or volunteer-related experience based on approval by the internship director. Our orientation date varies every year and is done online and can be done on a one-on-one basis, if needed. Prospective candidates should have basic computer skills including, but not limited to, internet, email, scanning documents, Microsoft Office, and Adobe Acrobat. Rotations start dates vary per intern and end on the following June 30th.

Contact Information for Nutrition Ink Dietetic Internship Program:

Matt Malouin, MS, RD
Dietetic Internship Program
Director Email: matt@nidip.org
Phone: (951) 849-5150
Fax: (951) 849-4799

Elissa Lerma
Internship
Coordinator
Email: elissa@nidip.org
Phone: (951)849-5150
Fax: (951) 849-4799

About Nutrition Ink Dietetic Internship Program

Program Mission

Nutrition Ink Dietetic Internship Program provides a quality education to graduates in meeting and maintaining standards of excellence by working with people of various racial, ethnic, diverse backgrounds and demonstrate knowledge and practical skills to become competent and productive entry-level Registered Dietitian Nutritionists.

Program Goals

Goal 1: Graduates will be competent entry-level registered dietitians.

1. At least 80% of graduates will score a 3 or 4 (on a 4-point scale) for agreeing they are a competent entry level dietitian on the end of program survey.
2. At least 80% of graduates who respond to the one year post graduate survey will score a 3 or 4 (on a 4-point scale) for agreeing that "the program provided me with the tools to be a competent dietitian".
3. Program Completion: At least 80% of program interns complete program requirements within 15 months (150% of program length).
4. Graduate Employment: Of graduates who seek employment, at least 80% are employed in nutrition and dietetics or related fields within 12 months of graduation.
5. Graduate Performance on Registration Exam:
 - a. At least 80% of program graduates take the CDR credentialing exam for dietitian nutritionists within 12 months of program completion.
 - b. The program's one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80%.
6. Employer Satisfaction: At least 80% of employers, who respond to a survey on program graduates in their first year of employment, will rate their satisfaction with graduate preparation for entry-level practice as 2 or higher (averaged on a 3-point scale).

Goal 2: Graduates will practice with culture sensitivity to the community's diverse population.

1. At least 80% of graduates will score a 3 or 4 (on a 4-point scale) for agreeing they are able to practice with culture sensitivity to the community's diverse population on the end of program survey
2. At least 80% of employers who respond to a survey on hired program graduates in their first year of employment will rate graduate's ability to work effectively with clients of different cultures, ethnicities, or backgrounds as 2 or higher (on a 3-point scale).
3. At least 80% of the program graduates confirm that they feel competent to work with clients of various ethnic/cultural backgrounds.

Outcomes data available upon request

Program Information

Candidate Accreditation Status

Nutrition Ink Dietetic Internship Program has been granted FULL ACCREDITATION status by the Accreditation Council for Education in Nutrition and Dietetics (ACEND):

Accreditation Council for Education in Nutrition and Dietetics
120 South Riverside Plaza, Suite 2190
Chicago, IL 60606-6995
<http://www.eatrightpro.org/resources/acend>
d 1-800-877-1600 ext. 5400

List of Internship Expenses

- Tuition (includes non-refundable \$1000 deposit) - \$11,500.00.
- Fee for program extension up to 15 months- \$500 per month for the first 3 months. \$1000 per month last 2 months.
- Books/Supplies
- Meals during internship
- Transportation
- Health Insurance required.
- Equipment Requirements (e.g., webcam, laptop)
- Mobile Phone and Internet Access
- Academy student membership
- Professional Meeting Registration Fees
- Payment transaction fees (Bank or PayPal)
- Lab Coat may be needed.

NIDIP will provide ID badge, General and Professional Liability Insurance, RD Exam Study Materials, Verification Statement, and Certificate of Completion.

Financial Information

No federal grants or aid are available at Nutrition Ink Dietetic Internship Program. Scholarships may be available from corporations, community or civic groups, religious organizations, the Academy of Nutrition and Dietetics, and the California Dietetic Association. Scholarship eligibility criteria are usually published in the September issue of the A.N.D. Journal.

Non-Discriminatory Policy Statement

Nutrition Ink is a Title IX, equal opportunity employer and does not discriminate against individuals based on race, religion, national origin, sexual orientation, gender, marital status, age, disability or veteran status, including veterans of the Vietnam era.

HR Requirements

- Upon acceptance to the program, you may be required to submit a drug test and background check. We will provide you with information on how to complete a 5-panel urine Drug Test and Best Practice Background Check through HireRight at no extra cost to you.
- You will be required to provide transportation to affiliated sites during your rotations. You will need to submit proof of current auto insurance.
- You will be required to have all immunizations up-to-date and provide a record of the immunizations to the program. The program requirements follow the CDC Recommended Immunization Schedule for Adults Aged 19 or Older. You are required to have all immunizations completed and up-to-date and submitted to the program. We do not require proof of COVID vaccination but note that some locations may require proof of COVID vaccination.
- You will be required to maintain health insurance for the duration of your internship and provide a copy of your insurance card to the program.
- You may handle food during your foodservice rotation. For this you are required to have a current ServSafe Certificate or Food Handler's card and provide a copy to the program.
- You will be required to have an Academy Student Membership and provide a copy of your membership card with your member number to the program.
- Interns are required to abide by the Nutrition Ink Dietetic Internship Handbook and submit the required forms in the appendix.
- Interns are required to have a personal Google Gmail email address. We will not accept emails that is affiliated with a previous school, college/university or workplace for purposes of communication with the program.

Graduation Requirements

Once accepted to our distance-learning program, all learning experiences specified in the program curriculum must be completed at a level of sufficient competency. Interns will receive frequent evaluations and feedback from the Nutrition Ink staff and the Program Director and should always have a current assessment of their performance in the internship. Interns who fulfill all the program requirements will receive a certificate of completion and will be eligible to take the National Examination for Registered Dietitians. Graduating interns must also:

- Complete rotations by end of June. On a case-by-case basis, the Program Director will review for approval the written requests for an extension beyond June and written requests for leave of absence.
- Fully prepare for each rotation and satisfactorily complete the requirements listed on the evaluation documents for each rotation.
- Complete all rotation assignments by the established deadlines.
- Have earned a MS degree.

Steps to Becoming an RDN:

This program fulfills the supervised practice portion of becoming a RDN.

1. Meet all admission requirements.
2. Complete all graduation requirements.
3. Pass the registration exam.
4. Achieve state certification/licensure, if applicable

Rotations

Major Rotations

Rotation	Description
Orientation	Orientation dates vary each year. Orientation includes informational videos followed by an online Zoom meeting to review all forms and requirements of the program. This must be completed before rotations can begin. Orientation can also be done on a one-on-one basis for any intern looking to start rotations early.
Foodservice Management	Rotations may occur in a variety of settings which may include but is not limited to hospitals; long-term care facilities; schools, colleges & universities; child and adult care food programs; congregate/home-delivered feeding programs for older adults; correctional facilities; and military operations. During this rotation, the intern will complete learning activities for Theme Meal or Event; Recipe Development; Human Resource Management; Safety & Sanitation

	<p>Inspection; Comprehensive Tray Assessment; Productivity Ratios Study; Plate Waste Study, Meal Satisfaction Survey and a Safety/disaster/emergency assignment.</p>
Community Nutrition	<p>In this supervised practice rotation, the intern will learn about community nutrition services in a wide variety of public health programs. During this rotation the intern applies nutrition-related approaches to prevention and treatments, including demonstrating advocacy for nutrition services when the planning for nutrition education programs in the community. Learning activities take place in a variety of community nutrition settings including work in hospitals, long-term care facilities, schools, colleges and universities, Special Supplemental Nutrition Program for Women, Infants and Children (WIC), child care centers, Head Start programs, congregate/home-delivered feeding programs for older adults, Child and Adult Care Food Programs, food banks/food pantries, health clubs, fitness centers, corporate wellness programs, grocery stores, sustainable food systems and food cooperatives. In these settings, the intern learns to work in collaboration with an interdisciplinary team to provide nutrition-related prevention and intervention approaches targeting diverse ethnic and cultural individuals or groups. During this rotation interns will complete learning activities for advocacy; participate in a community organization, observe a group class, provide counseling to individuals and groups; participate in community outreach; complete a community needs assessment and develop client educational materials that are appropriate to age, culture and literacy level.</p>
Clinical & MNT-Concentration	<p>Clinical nutrition is the basis for this internship and provides the basis of the program-specific concentration in Nutrition Support. During this rotation, interns master skills related to the performance of the Nutrition Care Process. Interns will complete initial assessments for a variety of medical conditions and disease states across the lifespan (pediatrics, pregnant/lactating female, older adult) and for patients of diverse cultures and ethnicities. The focus for disease states includes overweight/obesity, endocrine disorders, cancer, malnutrition, cardiovascular, gastrointestinal, and renal. Interns will complete nutrition assessments for patients on nutrition support and be able to provide staff relief by the end of this rotation. During this rotation interns will complete learning activities in quality management; a written case report; deliver case study orally; demonstrate a variety of clinical skills; perform nutrition focused physical exams, complete a menu analysis, and a billing and coding MNT assignment.</p>
Elective	<p>The Program requirement for the Elective is 80 hours and a minimum of 3 competencies in the practice area of your choice for the Elective. Practice</p>

	area selected for the Elective are consistent with the practice areas listed on current version of the Academy Membership Application.
Research/Literature Review	All interns should have the core experiences that prepare them to properly interpret research literature and apply it to practice, document the value of their services, and participate in addition to the body of scientific knowledge on nutrition, health, and wellness. The ultimate purpose of dietetics research is to improve patient care and outcomes by collecting, evaluating, and analyzing data from different nutrition interventions and to provide a foundation for evidence-based dietetics practice. Interns have two options to complete this program requirement in research/literature review rotation: (1) write up your research study, or (2) write a narrative review (literature review) based on scientific literature.

Rotation Chart

Rotation	Hours	Length (weeks)
Orientation: Varies	Instructional videos and an on-line meeting	n/a
Foodservice Management	160	4 weeks
Community Nutrition	160	4 weeks
Clinical	560	14 weeks
Elective	80	2 weeks
Research/Literature Review	40	1 week
Time Flexibility		18 weeks
Total		43 weeks

Rotation Schedule:

We highly recommend having your rotations schedule prior to starting rotations for supervised practice, along with all the affiliation agreements, preceptor facility form and required attachments.

Prior Learning Experience Credit:

Nutrition Ink Dietetic Internship Program has established specific guidelines for interns regarding credit for prior learning, including program specific limitations and documentation needed. Applicants must be enrolled and have paid the required deposit prior to request credit for Prior Learning Experience. Identification of the supervised practice hours to be waived will be determined by the program director. Interns may obtain up to a maximum of 25% or 250 hours of their required 1,000 hours in prior learning. Detail for this process and application is included in the Welcome Packet.

Choosing sponsored facilities:

- Securing sponsoring facilities and preceptors is the applicant's responsibility. The Internship Program Director and Internship Coordinator will be available to give guidance and work with facilities as needed to obtain approval for the intern's chosen sites after deposit has been received.
- Interns need to take responsibility in designing their own rotation schedules with the approval of the prospective facilities and the Internship Program Director.
- If an intern fails to secure facilities and preceptors to fill the 1000 hours in their area and declines to relocate to an area with NIDIP preceptors that are available, the intern will be dropped from the program with zero refund.
- All preceptors must be able to document that they have worked in the field for a minimum of two years.

Work Hours

As an intern, you will be expected to complete all assignments, required reading and routine appointments with the Program Director. Being a Nutrition Ink dietetic intern requires great responsibility, organization, and time management. For this reason, it will be difficult to hold an outside job during the program. Working is permitted if it does not hinder your performance in the dietetic internship program.

Time Flexibility

Completing 1000 hours in this program can take as little as 25 weeks. You have 43 weeks to complete our program. This 18-week difference gives you the flexibility, if needed, to complete a master's program at the same time as you are completing your supervised practice hours. If the intern takes advantage of the prior learning program the time flexibility increases up to 24 weeks or 6 months. In addition, the intern can apply to start their supervised practice hours in the summer if all required paperwork has been completed and submitted.

Time away from the Program

You are not expected to be present on these holidays but if you choose to and preceptors are available, interns may be present to earn rotation hours. Interns must follow the absence policy of the practice site. Interns may take two personal days for unexpected events, such as a family illness or emergency, or for planned job interviews. Any time off beyond these two days must be made up. Interns will be scheduled off on the following holidays:

1. New Year's Day
2. Memorial Day
3. Fourth of July
4. Labor Day
5. Thanksgiving (2 days)
6. Winter Vacation: Two weeks are set aside during the winter holiday season.

Admission Requirements

To be considered for acceptance to the Nutrition Ink Dietetic Internship Program, candidates must present a Verification Statement from an approved Didactic Program in Dietetics (DPD) showing coursework completed within 5 years or less AND have earned a master's degree OR have been accepted into an accredited master's degree program. Candidates are recommended to have a cumulative GPA of 3.0 (on a 4-point scale), a minimum Science GPA of 3.0 and a minimum DPD GPA of 3.0. The policy

Nutrition Ink Dietetic Internship Program is to provide equal opportunity to all applicants for admission to the program.

All interns must complete the following core requirements before they will be considered and be formally admitted into the program:

DICAS

Nutrition Ink Dietetic Internship Program will participate in the online matching through DICAS (Dietetic Internship Centralized Application System). To access DICAS visit <https://portal.dicas.org>.

Documents to submit:

- Official transcripts sent to DICAS.
- Complete Verification Statement from Didactic Program in Dietetics (DPD) coursework
- Three letters of recommendation are required to be submitted to DICAS. At least one of the letters of recommendation must be from a university professor. Interns must include contact information such as email addresses for all references provided.
- Personal Statement submitted to DICAS.

General Timeline

- DICAS will open its site for applicants.
- DICAS site closes to applicants.
- Interview conducted through Zoom with program director and coordinator.
- Matching with D&D Digital commences.
- Qualified candidates receive notification of acceptance to the program.
- Matched candidates confirm matching acceptance.
- Second-round matching general timeline will be the same as above.

Please see DICAS for specific application deadlines and matching dates.

Register Online with D&D Digital

- Applicants to most dietetic internships must participate in computer matching. You must register online for matching with D&D Digital and rank your choices for dietetic internships by deadlines set by D&D Digital. Information for D&D Digital can be found at <https://www.dnndigital.com>. There is a matching fee which may be paid with a credit card. You will receive a username and password after registration that allows you online access to manage your DI choices, verify, or change your contact information.

Selection Criteria: The Program Director and Advisory Committee participate in the selection process and consider exceptions to the admission requirements on a case-by-case basis:

- Minimum Cumulative GPA of 3.0 (on a 4-point scale), a minimum Science GPA of 3.0 and a minimum DPD GPA of 3.0.
- We will also be reviewing your DICAS application for the following:
 - Knowledge: Overall professional coursework; GPA ranking, recipient of college achievement scholarships, awards, and honors.
 - Work Experience: Paid or voluntary work experience in four major areas: medical nutrition therapy, food service, community, or research. Positions of high quality and with responsibility.
 - Management of Multiple Responsibilities: Coursework taken in conjunction with other responsibilities of work, volunteering, or family; involvement in extracurricular activities.
 - Written Communication Skills: Personal Statement.
- Interview will focus on professional attributes such as oral communication; record of success, rational thought process, maturity, planning and organization, reaction to pressure, enthusiasm, and leadership traits.

International Students

International students wishing to apply must follow procedures set forth by ACEND for international students. Please refer to the ACEND website, and their “International Fact Sheet” for additional information. Please note NIDIP cannot help with VISA sponsorship.

Policy for Issuing Supervised-Practice Verification Statement

- Satisfactorily complete a minimum of 1,000 rotation hours.
- Demonstrates entry-level competency during rotations by receiving an evaluation rating of 2 or more (or 75% or more on some assignments) from all preceptors.
- Satisfactorily completes the exit exam with a score of 70% or more.
- Maintain professional and ethical standards as outlined in the Academy of Nutrition and Dietetics' Code of Ethics, Scope of Practice and Standards for Professional Performance.
- Understands and signs the RDE/RDNE Misuse form.
- Provide an original DPD Verification Statement, and original official transcripts to the program. Interns who fulfill all program requirements will receive a certificate of completion, five (5) original copies of the DI Verification statement and will be eligible to take the National Examination for Registered Dietitians.

February 2024

NIDIP Program Application Checklist

_____ Submit DICAS application by the DICAS deadline and include Nutrition Ink as one of your choices.

_____ (Optional) Tentative Rotation Schedule, including facilities and preceptors emailed to elissa@nutritionink.com