

Monday: Breakfast

CEREALS

- * OATMEAL
- CHEERIOS
- RAISIN BRAN
- CREAM OF WHEAT
- CORN FLAKES
- RICE KRISPIES

ENTREE

- * SCRAMBLED EGG
- BACON
- FRIED EGG
- * SAUSAGE LINK
- HARD BOILED EGGS

BREADS

- * WHEAT TOAST
- WHITE TOAST

CONDIMENTS

- * MARGARINE PAT
- SUGAR PACKET
- * PEPPER PACKET
- * JELLY
- * SALT PACKET
- CREAMER PACKET

BEVERAGES

- * WHOLE MILK
- GRAPE JUICE
- COFFEE
- LOWFAT MILK
- * APPLE JUICE
- ORANGE JUICE
- HOT TEA
- SKIM MILK

Regular

Room No.: _____

Name: _____

Monday: Lunch

ENTREE

- BAKED CHICKEN
- * HONEY BAKED HAM

STARCH

- RICE PILAF
- * SWEET POTATOES

VEGETABLES

- BROCCOLI
- * MIXED VEGETABLES

BREADS

- * DINNER ROLL
- WHITE BREAD
- WHEAT BREAD

DESSERTS

- * PUMPKIN PIE
- CHILLED PEACHES

CONDIMENTS

- * SALT PACKET
- * MARGARINE PAT
- CREAMER PACKET
- * PEPPER PACKET
- SUGAR PACKET

BEVERAGES

- * WHOLE MILK
- COFFEE
- SKIM MILK
- LOWFAT MILK
- HOT TEA

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Monday: Dinner

ENTREE

- ROAST PORK
- * BEEFY MAC CASSEROLE

STARCH

- MASHED POTATOES
- RICE

VEGETABLES

- STEWED TOMATOES
- * BROCCOLI

BREADS

- WHITE BREAD
- * WHEAT BREAD

DESSERTS

- * FRESH FRUIT CUP
- BROWNIE

SAUCE/GRAVY

- GRAVY

CONDIMENTS

- * SALT PACKET
- * MARGARINE PAT
- CREAMER PACKET
- * PEPPER PACKET
- SUGAR PACKET

BEVERAGES

- * WHOLE MILK
- HOT TEA
- SKIM MILK
- COFFEE
- LOWFAT MILK

Regular

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